

Contentedness & Concern: Hallmarks of Health
Elder Jason Elgin
Philippians 4:10-23
July 16, 2023

I. Contentedness (v.11-13)

II. Concern (v.10, 14-20)

III. Conclusion (v. 21-23)

Life Group Questions for Further Discussion

1. Read Philippians 4:10-13, Proverbs 30:8-9, and 1 Timothy 6:6-10. Would you say you are content in how you live your life? Have you known and know someone who was not content? Discuss how each life would look different. What can help us be content?

2. How would you respond to the premise that being content is defeatist? You should always be striving for more and to be better.

3. How are we doing as a body in in our concern for each other? Have someone in your group do an internet search for "Biblical one anothers" (Small Groups Church has a list of 59 of them with references). Pick a few and discuss ones that you or your group are doing well and why you think so. What areas could you improve in? Are you open and honest enough that others know your struggles? Be sure to share and pray for each other.

4. Scan back through the book of Philippians and/or sermon notes. Note 1 or 2 principles that you learned or found to be helpful in your walk.

People are available Sunday mornings at the conclusion of each service to pray confidentially for your concerns. Simply come to the front as others are leaving ~ look for those wearing name tags.
You can also email us your prayer requests.