Text: Matthew 6:25-34

Topics: Anxiety, Worry, Striving

Stand Alone Sermon

Monroe Bible Church July 10, 2022 Intern Shane Miller

## Do Not Worry!

How can we be rescued from our anxious strivings?

- I. Trusting God to provide for our needs (Mathew 6:25)
- II. Trust God for tomorrow's needs (Matt 6:34) (Psalm 46:10)

Application:

- . Trust God
- II. Cease striving and start thriving

<u>Application Ouestions</u> - These questions are provided for your further study and application of the subject of today's message. Thoughtfully writing out answers to these questions will help drive home the point. They are designed to be discussed in your home, with other believers, and in a Life Group for even more benefit.

1. What do you get anxious about?

2. What are some ways that you deal with anxiety?

3. How has anxiety, fear, and worry impacted your life?

4. What did Jesus say in V 25 not to worry about? Why?

5. Why does Jesus not want us to worry in V 31? Why did he say this?

6. What does Jesus mean in V 34 by not worrying about tomorrow; it will take care of itself? Why?

People are available Sunday mornings at the conclusion of each service to pray confidentially for your concerns. Simply come to the front as others are leaving ~ look for those wearing name tags. You can also email us your prayer requests.